



# AvaNews



“Gracious words are a honeycomb, sweet to the soul and healing to the bones.”



~Proverbs 16:24  
*healing*



Wednesday,  
Jan. 17,  
2024  
Issue #18



## January 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 <i>Christmas Break</i>	2 <i>Christmas Break</i>	3 <i>Christmas Break</i>	4 <i>Christmas Break</i>	5 <i>Christmas Break</i>
8 <i>School Reopens</i>	9 <i>4-8 Sports Club 3:15-4:00PM</i>	10 <i>K-8 Choir Club 3:15-3:30PM</i>	11 <i>K-1 Library 4-8 BG Club 3:15-4:00PM</i>	12
15	16	17 <i>K-8 Choir Club 3:15-3:30PM</i>	18 <i>Mt. Washington Ski Day</i>	19 <i>Pro-D Day</i>
22	23 <i>4-8 Sports Club 3:15-4:00PM</i>	24 <i>K-8 Choir Club 3:15-3:30PM</i>	25 <i>HOT LUNCH 4-8 BG Club 3:15-4:00PM</i>	26
29 <i>Gr 4-5 visit Eagle Ridge Manor</i>	30	31 <i>K-8 Choir Club 3:15-3:30PM</i>		

### Hello January

Journey of a thousand miles  
Always starts somewhere.  
Nothing will be achieved  
Unless you take  
Action. Momentum plus  
Repeated efforts will take  
You further than expected

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### JANUARY ACTIVITIES

- Go on a winter hike
- Read books about winter
- Do a New Year interview with the kids
- Winter sensory bin
- Paint with ice
- Learn interesting facts about polar animals
- Play a snowball toss game
- Have a family art night
- Design mittens (craft)
- Playdough play: Winter landscape
- Have an indoor color hunt
- Build a snowman
- Have an indoor snowball fight
- Watch a fun winter movie
- Make a family bucket list for the new year
- Build a blanket fort (or an igloo)
- Create a family time capsule
- Go ice skating



### HOT LUNCH

THURS., JAN. 25TH

## HAYSTACKS

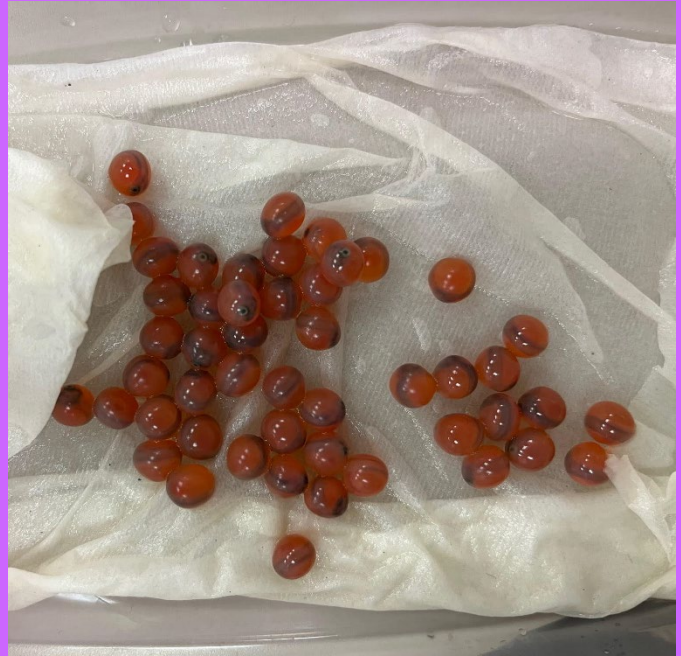
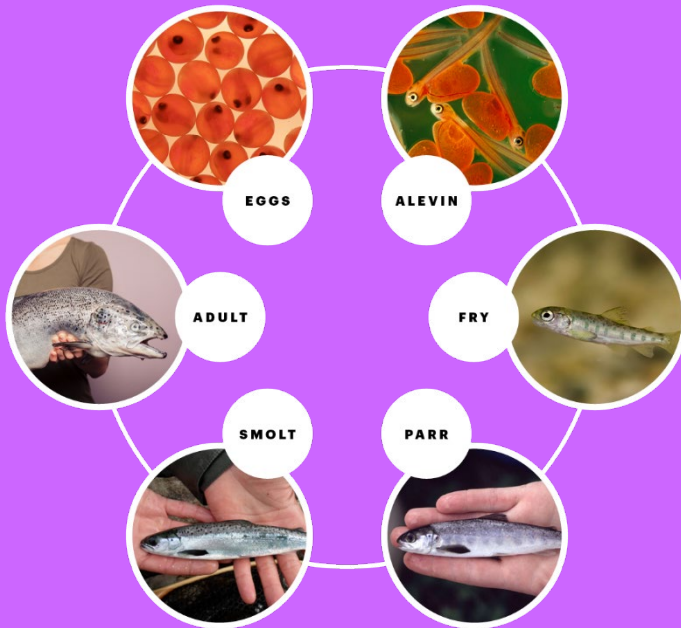
Basically a deconstructed taco!

\$5

- Corn chips
- Beans
- Rice
- Lettuce
- Cucumbers
- Cheese
- Black Olives
- Onions
- Salsa
- Sour Cream
- Juice
- Cookie

We have a silver chain and a silver bracelet in the office that has been lost. If your child has lost either of these, please have them stop by the office to identify. Thanks!

← Next Hot Lunch: Haystacks on January 25th!



It's that time of year again where the K-1 class learns about the life cycle of a salmon. These eggs are 9 weeks old and you can see their eyes. The next stage will be Alevin. The students were very excited to add the eggs to the fish tank in the library! Thank you Miss Trudy for teaching us 😊

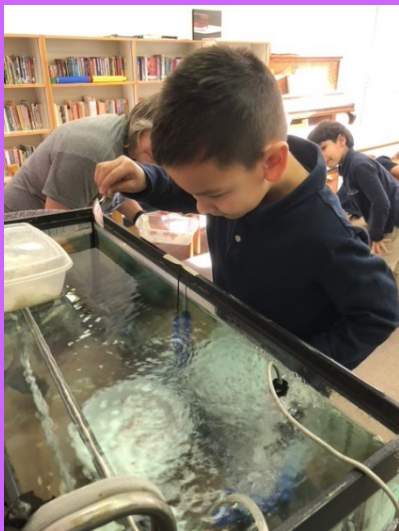
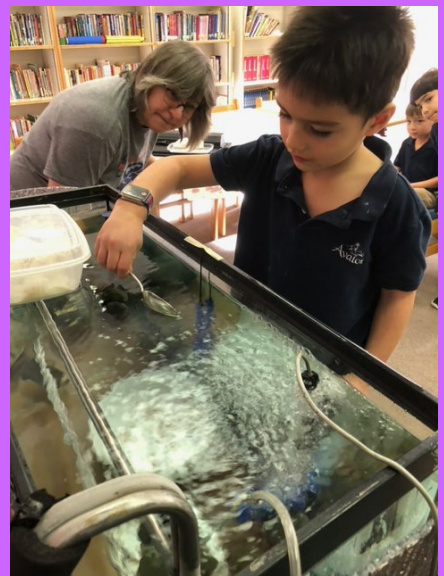




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K-1 is **SAILING** through the year!





*We have these beautiful pictures hanging around our school. And I can't help but smile. This is how I see Jesus! What a day it will be when He returns!*



**Out of the ground the Lord God formed every beast of the field and every bird of the air.**  
~Genesis 2:19

**For it is written: "He will command His angels concerning you to guard you carefully."**

~Luke 4:10



**Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these."**  
~Matthew 19:14