

WHO NEEDS TO SELF-ISOLATE:

Anyone who tests positive for COVID-19 will need to self-isolate.

Anyone who develops symptoms of COVID-19 but testing is not recommended.

HOW LONG TO SELF-ISOLATE:

TESTED POSITIVE FOR COVID-19 AND AM FULLY VACCINATED:

You are considered to be fully vaccinated if you have two doses of any of the World Health Organization [approved COVID-19 vaccines](#) or one dose of the Janssen COVID-19 vaccine. **You do not need to have a booster dose to be considered fully vaccinated.**

If you test positive for COVID-19 and are fully vaccinated, you need to self-isolate at home for 5 days AND until your symptoms improve and you no longer have a fever.

- After your self-isolation period, you also need to avoid non-essential visits to high-risk settings for 5 days. This guidance is intended to prevent non-essential visits (e.g. social visits), and does not apply to essential workers. Employees should follow their workplace guidance.
- You do not need to be re-tested for COVID-19 to end your self-isolation period and return to your normal activities.

High-risk settings include:

- Long-term care
- Assisted living residences
- Rural and remote communities
- Indigenous communities

High-risk settings DO NOT include places such as:

- Childcare
- School
- Work
- Grocery stores or pharmacies

TESTED POSITIVE FOR COVID-19 AND AM NOT FULLY VACCINATED:

If you have not received a full series of any of the World Health Organization [approved COVID-19 vaccines](#), you are not fully immunized.

- **If you are 18 years of age or older, test positive for COVID-19, and are not fully vaccinated, you need to self-isolate at home for 10 days AND until you no longer have a fever AND your symptoms improve.** You do not need to be re-tested for COVID-19 after your self-isolation period ends to return to normal activities; you can remain test positive for many weeks, even after you are no longer infectious.
- **If you are under 18 years of age, test positive for COVID-19, and are not fully vaccinated, you need to self-isolate at home for 5 days AND until you no longer have a fever AND your symptoms improve.** You do not need to be re-tested for COVID-19 after

your self-isolation period ends to return to normal activities; you can remain test positive for many weeks, even after you are no longer infectious.

COVID-19 TESTING WAS NOT RECOMMENDED BUT HAVE SYMPTOMS:

If you were not recommended for testing but have symptoms of COVID-19, there is no set amount of time for self-isolation. Instead, you'll need to self-isolate until your symptoms improve, you no longer have a fever, and you feel well enough to return to your normal activities.

<http://www.bccdc.ca/health-info/diseases-conditions/covid-19/self-isolation>

January 19, 2022