



# AvaNews

“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.”

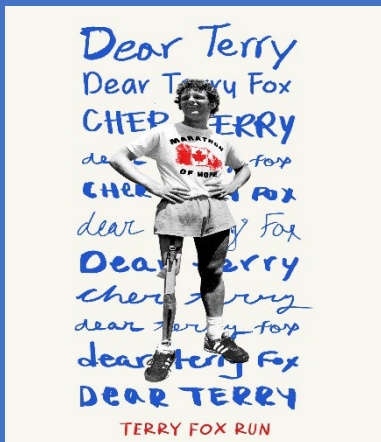
~Galatians 5:22-23



Friday,  
Sept. 15,  
2023  
Issue #2



If your child is going to be away from school, please notify your teacher as well as the office by call (250-949-8243), email or text. Thanks!



Wednesday, September 20th

## September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
	5 <i>First Day of School!</i> <i>WELCOME BACK</i> 😊	6	7	8
11	12	13 <i>K-8 Choir Club</i> 3:15-3:30PM	14	15 <i>4-8 Sports Club</i> 1:00-1:45PM
18	19 <i>4-8 Sports Club</i> 3:15-4:00PM	20 <b>TERRY FOX RUN</b>	21 <b>HOT LUNCH</b> <i>4-8 Board Game Club</i> 3:15-4:00PM	22
25	26	27 <i>K-8 Choir Club</i> 3:15-3:30PM	28 <i>Orange Shirt Day</i>	29 <i>4-8 Sports Club</i> 1:00-1:45PM



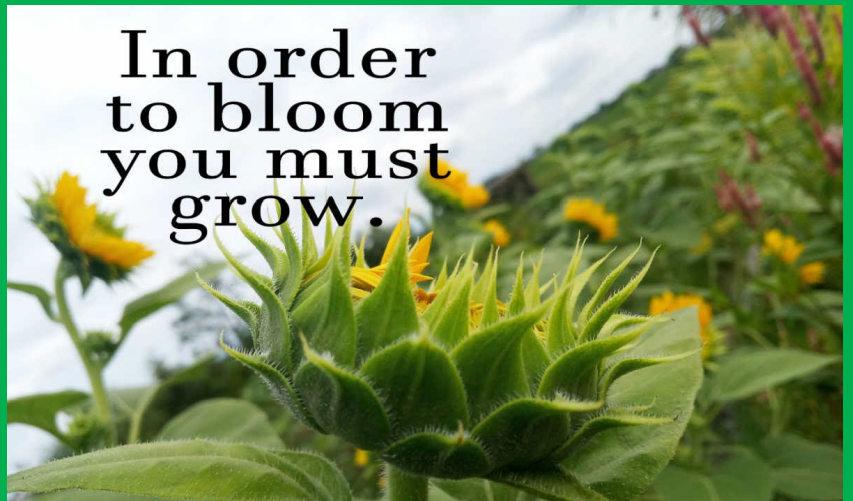
Next week 4-8 Tuesday Sports Club and 4-8 Board Game Club Thursday!

Our K-1 teacher is looking for 2L cardboard cartons for an art project. She is looking for 9. If this is something that you can help out with, we would really appreciate it!



# SUNFLOWER

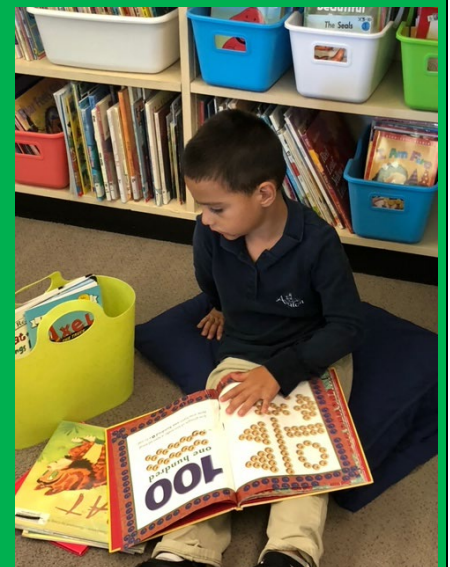
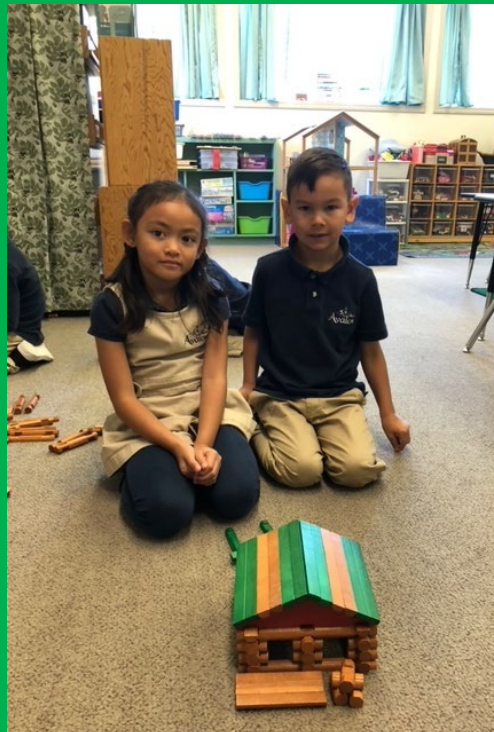
Our 4-month-old baby sunflowers caught up and surpassed us!



Fri., Sept. 15, 2023

# AvaNews

Issue #2



Fri., Sept. 15, 2023

# AvaNews

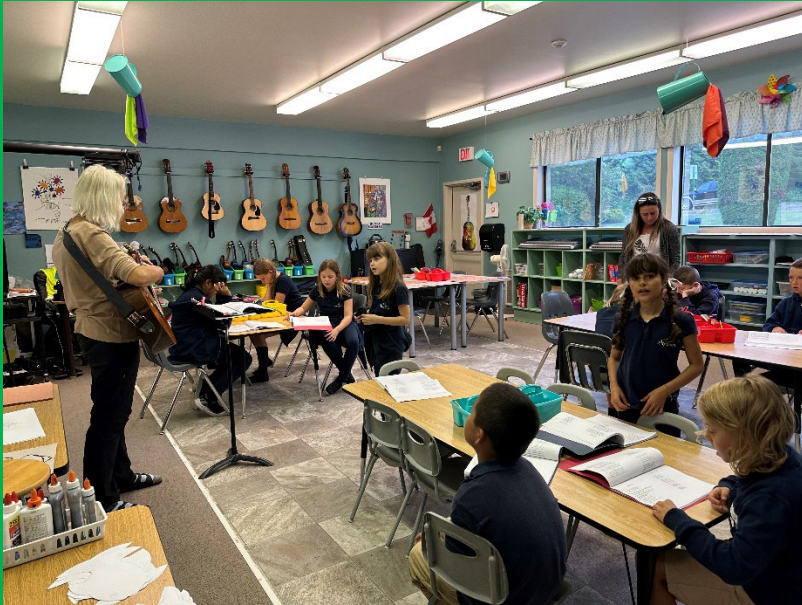
Issue #2



Fri., Sept. 15, 2023

# AvaNews

Issue #2



FUN





## Upcoming Next Week!

\*All clubs will be running every TWO weeks this year.

What? Sports Club with Mr. C

Who? This is open to grades 4-8

When? Next Tuesday from 3:15-4:00 pm

Where? Backfield if weather is good; Gym if weather is “pour”

What? Board Game Club with Mrs. Cottreau

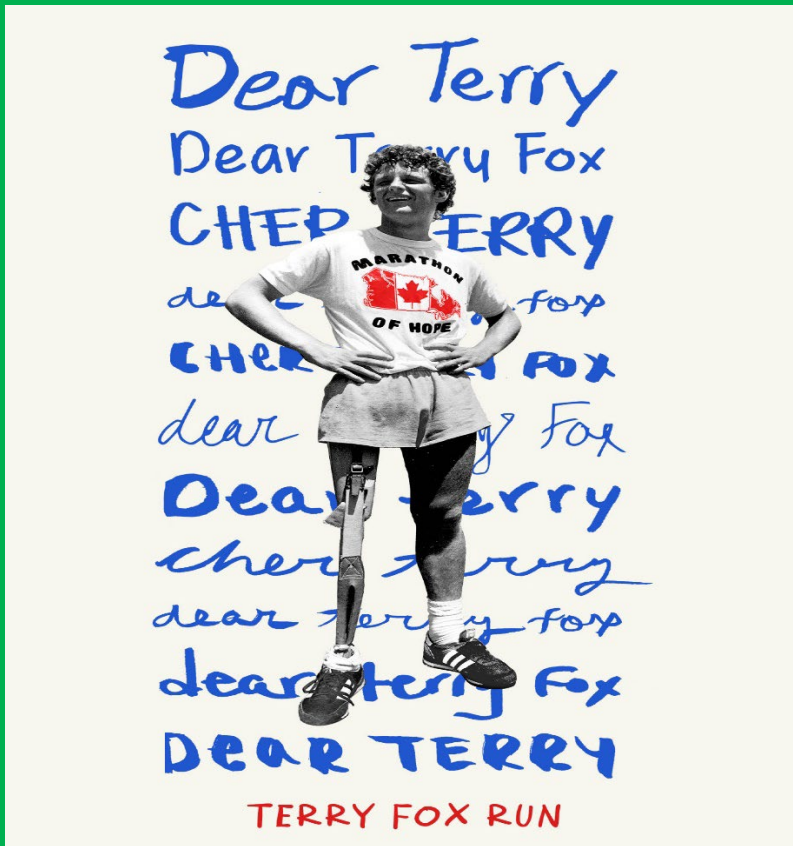
Who? This is open to grades 4-8

When? Next Thursday and runs from 3:15-4:00 pm

Where? Upstairs in the Grades 4-5 Classroom



K-8 Choir Club with Mrs. Cottreau started this week along with 4-8 Friday Sports Club with Miss Brand and it was a great time!



COMING UP  
WEDNESDAY,  
SEPTEMBER  
20<sup>TH</sup> IS OUR  
ANNUAL  
TERRY FOX  
RUN!!

Please remember to  
turn in your forms!

### Accessible BC Act: Parent Update

Over this next year, BC schools are establishing policies for the new Accessible BC Act to make learning environments better!



Avalon welcomes the input of our school community in identifying both the successes and barriers that impact the participation of individuals in the life of our school.

Your feedback is welcome:

- ~physical access (doorways, parking, etc.)
- ~vision (outdoor night lighting, curbs you can't see well, etc.)
- ~hearing (difficulty hearing teacher or announcements, etc.)
- ~sensory (sensitivities to noises, lighting, etc.)
- ~overall environment (busy hallways, etc.)
- ~mental health (anxiety, test taking, public speaking, etc.)
- ~other

If you have any concerns or suggestions, please contact me or any of the AACA staff and we will do our best to improve each situation.

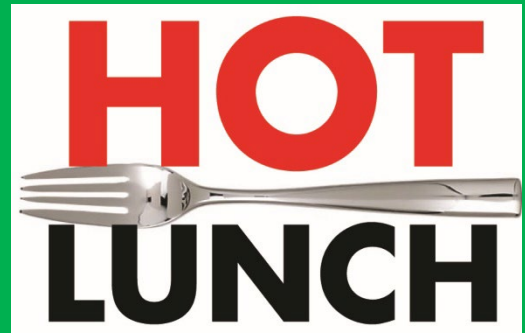
# HOT LUNCH

THURS., SEPT. 21ST

## HAYSTACKS

Basically a deconstructed taco!

- Corn chips
  - Beans
  - Rice
  - Lettuce
  - Cucumbers
  - Cheese
  - Black Olives
  - Onions
  - Salsa
  - Sour Cream
  - Juice
  - Peaches & Ice Cream
- \$5**



Our first hot lunch is next Thursday, September 21<sup>st</sup>.

The cost is \$5.



Public Health Nurses are preparing for School Based Immunization Clinics for Grade 6 students. Immunization consent packages will be sent home by early October 2023. When the consent packages are brought home, follow the instructions inside the consent packages and return the signed consent to the school as soon as possible. Students in grade 6 will be offered immunizations in school-based clinics with a consent of a parent/guardian/representative. We will let you know a date once the clinic is booked.



# Friday, September 22



*Hey, students! If you're in grades 4,5,6,7 or 8, consider running in next week's SA Election! Here are the roles we need you to fill to add fun to our school year!*

President (must be in grade 7 or 8 and attended AACA for at least 1 year)

You add your ideas and bring classmates' ideas to meetings. **You are our school leader! You make announcements about upcoming events to all the students.**

Vice-President (must be in grade 6, 7 or 8)

You add your ideas and bring classmates' ideas to meetings.

**You help lead, especially if the President is absent. You help make announcements about upcoming events to all the students.**

Secretary

You add your ideas and bring classmates' ideas to meetings.

**You help make posters and take notes.**

Treasurer

You add your ideas and bring classmates' ideas to meetings.

**You help keep track of the spending.**

Counsellor

You add your ideas and bring classmates' ideas to meetings.

**You help make sure the events are fair to everyone and follow our school values.**

# ELECTION GUIDELINES:

- ✓ Start making posters to put around the school to show others what position you are running for. We can provide materials like markers and poster paper.
- ✓ Make sure your promises are reasonable. No, you can't promise to buy everyone a jacuzzi!
- ✓ You are not permitted to give candy or other rewards to others during this campaign; it will be seen as trying to buy votes. Don't be a crooked politician.
- ✓ Encourage others who wish to be on the SA! Let's be brave and kind.
- ✓ You can only run for one position, so choose wisely.
- ✓ If you are the only person running for a position, people can vote yes or no for you on election day. All students and staff will get a chance to vote, even those running in the election. And yes, you can vote for yourself!
- ✓ Don't vote for someone just because they are your friend. Vote for who you think will do a great job. Voting is private. Don't pry and ask others who they voted for, please.
- ✓ Plan to attend an SA meeting about 3 times/month. Meeting times will probably be on Fridays from about 10:15-10:35. This leaves you with 25 minutes afterwards for recreation (PE/recess time is from 10:15-11:00).
- ✓ When planning events, like decorating or setting things up, be willing to put in the extra time!

Voting day is Friday, Sept. 22<sup>nd</sup>, so let's have a great campaign September 18-22!

Mrs. Cottreau

Student Association Sponsor